

Team Goals Worksheet

Setting Goals effectively will provide 3 important things for you.

1. Direction – where does the Team need to go and how will it get there?
2. Feedback – we can compare where the Team is with where it wants to be, and measure our progress.
3. Support – Team goals serve as a reminder of the purpose of what we do.

You can tell you have set effective goals with only 3 questions:

1. **Do the goals cause Team members to change their individual behavior to contribute to the Team goals?**
2. **Do the “smaller” goals help the Team get to the bigger goals?**

It's easy to set the big goals (Win the state tournament, etc.); it is much more difficult to set the smaller goals that will enable the bigger goals to be realized. If the Team takes care of the smaller goals, the bigger goals will take care of themselves.

3. **Are the goals within the Team's control?**

It's easy to set a goal of winning, and that is one of the purposes of a competitive Team (to WIN!) but there are other goals. A goal should be challenging, but not unrealistic. The goals should be within the Team's control, and all on the Team must fully support the goals!

Consider that a "cliche" goal statement such as "winning the CCL...." (though a noble goal) puts some control of the team direction and success in the hands of your competitors; that goal is not within the team's complete control.

Answering “Yes” about the Team goals to each question above indicates the Team has formulated a pretty good set of goals.

So, what is the Team now, and what does it aspire to be? Success or failure is the Team's decision. Defining the Team's goals and purpose will help to shape the Team and its Successes!

“It is not only what you say, it is what you do!”

This worksheet will help the Team formulate its goals, and it will help develop plans to get there.

Identify 2 challenging, but possible outcome based goals for the season (wins, team kill %, State Tournament level reached, etc.). Write those goals here:

- 95% serve percentage
- Always have at least 2 of 3 components of passing

How does the Team want to be perceived by others? What should be the Team's attributes or characteristics?

Confident, aggressive, intimidating, serious, scrappy
intense, competitive

What are up to 3 things that MUST happen for us to be able to say our Team had a successful season (meaning that we may say that we failed as a Team if we do not accomplish them)?

1. increased hitting percentage over the season
2. at least 4 wins
3. 100% effort

What will our team be good at doing?

focused, talking, ball-handling, no "sorry"

What is/are our Team's goals(s) for this season, what does it want to accomplish, what will our Team accomplish?

work as a team

Write 2 strategies to focus on in training and practices that will enable our Team to develop upon the goals.

~~never~~

1. In training, we will...

never give up

2. In training, we will...

stay in drills

What do other Teams have or do that your Team most needs to work on?

communication, being aggressive, commitment to the ball, urgency, competition within the team

Now, put all these thoughts together, and develop a succinct 1, 2, or 3 sentence paragraph that describes your Team, its goals, and what it will strive to accomplish:

Our team will always be the best we can be!

These are our Team goals and I am committed to achieving them:

Name: Carly Green M

Name: Ellie Sher

Name: Chloe Romeker

Name: Meredith Mescher

Name: Autumn Pu

Name: Jackie O'Donnell

Name: Taylor Turley

Name: ~~Debbie Stratman~~

Name: ~~Sydney Simpson~~

Name: Emily Uzelcuran

Name: Pajing Anderson

Briana Breckenridge

Sammy Stearns
Serche

Jessie
Joan Samell

Will Wagenbrenner
Anissa Harrington



Jessie J. Holland