

# Varsity Letter Criteria – Columbus School for Girls Volleyball - 2011

Consideration of the criteria that must be met for an athlete to earn a Varsity Letter in our program must include many factors:

- The size of the program.
- The competitive maturity of the program within its environment.
- The culture that exists and the culture the program is trying to create.
- The athlete's work ethic.
- The athlete's competitive makeup.
- The athlete's role and her acceptance of that role within the Team.

Combining these factors into a more measurable set of conditions leads to the following conditions that a volleyball athlete needs to meet in order to receive a varsity letter:

## **1. The athlete fills a Varsity role, understands it, and accepts her role in the team**

Not all athletes on our Varsity squad are ready for actual Varsity level competition in our environment; that is why we do not have Varsity Letter criteria for the number of games played, etc.). However, a player may contribute to the success of the Varsity Team by training in one or more varsity positions as she enables the Varsity Team to also train.

This active training and acceptance of the athlete in her Varsity role is assessed through training effort, progress, and active participation. (An obvious (though not necessary) indicator is the frequency at which an athlete enters Varsity Level competitions).

## **2. The athlete shows progress in areas discussed between the athlete and the coach**

Areas for the athlete to work upon are to be written in the athlete's volleyball notebook; progress can be verified by statistics, other Teammates, and/or coach observations.

## **3. The athlete's attendance at practices, matches, and other Team events meets or exceeds 90%**

Attendance is taken and tracked all season; illnesses and injuries are considered in this criterion.

## Varsity Letter Criteria – Columbus School for Girls Volleyball - 2011

### **4. The Athlete understands and accepts the Team's Expectations**

Team Expectations are available on the Team's website, are discussed with the athlete at the beginning of the season, and are continuously impressed upon all athletes as the season progresses. The athlete must strive to adhere to the expectations.

### **5. The Athlete competes for her role on the team.**

This can be shown by the athlete taking the initiative to take positions in drills when spots are made available during drills. It can also be shown by the athlete working diligently in drills to obtain the drill's goal(s), and having the tenacity to keep going if unsuccessful. It can be shown during match play through the level of intensity of play, and the tenacity to continue to do everything within her role to win on the court.

### **6. The Athlete exhibits good sportsmanship and appropriate behavior toward all athletes, coaches, and officials.**

The coach has the right to waive and/or weight such criteria if affected by injury, illness, or other unanticipated circumstance.